BS in Kinesiology - *Option in Sport Psychology & Leadership*Major Requirements Worksheet 2022-2023 Catalog

Name:	2022 2023 001		ID:
All KIN co	ourses are blocked to declared majors only (not pre-majors) unless otherwise s	specified in the prerequis	ites column
Grade	Course Number & Title (units)	Need to Take	Prerequisites†
Complete	e ALL of the following core courses: KIN 201: Introduction to Kinesiology (3) KIN 300. Biomechanics of Human Movement (3) GE Area: UD B		open to KIN and Pre-KIN majors a 'C' or better in BIOL 208 corequisite: KIN 201
Complete	e ALL of the following lower division courses: BIOL 207: Human Physiology (4) GE Area: B2/B3 BIOL 208: Human Anatomy (4) NUTR 132: Introductory Nutrition (3) GE Area: B2 or E		B4 and one GE A category a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, or DANC 261 corequisite: one GE foundation course
Complete Grade	Course Number & Title (units) KIN 100A: Archery* (1) KIN 102A: Badminton (1) KIN 104A: Bowling* (1) KIN 106A: Fencing-Foil (1) KIN 107A: Fencing-Sabre (1) KIN 108A: Golf (1) KIN 109A: Fitness Walking (1) KIN 112A: Racquetball (1) KIN 114A: Tennis - beginning (1) KIN 114B: Tennis - intermediate (1) KIN 115A: Table Tennis (1) KIN 124A: Surfing (1) KIN 125A: Swimming (1) KIN 125A: Swimming (1) KIN 198K: KungFu (1)	KIN 161A: Basketball (1) KIN 162A: Beach Volleyball KIN 165A: Flag Football (1) KIN 166c Rugby (1) KIN 167A: Soccer (1) KIN 168A: Ultimate Frisbee KIN 169A: Softball (1) KIN 172A: Volleyball - begir KIN 172B: Volleyball - interr KIN 172C: Volleyball - adval KIN 183A: Recreational Dan KIN 185: Social Dance (1)	(1) nning (1) mediate (1) nnced (1)
Complete	KIN 149A: Self Defense (1) KIN 151A: Weight Training & Conditioning (1) KIN 152A: Yoga (1) KIN 152C: Yoga II (1) P. ALL of the following upper division courses: KIN 335: Historical & Cultural Foundations of Sport & Kinesiology in America (3) KIN 338: Women in Sport (3) GE Area: UD D KIN 339: Psychology of Sport Behavior & Athletic Performance (3) GE Area: UD D	KIN 198L: Stretch & Relaxati KIN 198W: Pickleball (1)	*course fee may be required upper division standing GE foundations; upper division standing open to Pre-KIN majors GE foundations; upper division standing

KIN 339

KIN 472 Applied Sport Psychology (3)

KIN 475: Psychology of Coaching (3)

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Grade	Course Number & Title (units)	Need to Take	Prerequisites†

Choose & complete ONE concentration

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