

Minor in Recreation
Requirements Worksheet
2024-2025 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following courses:

	REC 141: Introduction to Leisure Services* (3) <small>Area: D3</small>	one GE foundation course (corequisite)
	REC 225: Programming Recreation Activities* (3)	REC minors only
	REC 321: Leadership in Recreation & Leisure Studies (3)	none
	REC 340: Leisure in Contemporary Society* (3) <small>Area: UD D</small>	GE foundations; upper division standing
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)	a 'C' or better in REC 141 or 225; REC minors only
