

BS in Physical Education
Major Requirements Worksheet
2023-2024 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Prerequisites†
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All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Complete ALL of the specified core courses:

	KIN 201: Introduction to Kinesiology (3)	KIN and Pre-KIN majors
	KIN 300: Biomechanics of Human Movement (3) Area: UD B	a 'C' or better in BIOL 208 corequisite: KIN 201
	KIN 301: Exercise Physiology (3)	a 'C' or better in BIOL 207 corequisite: KIN 201
	KIN 312: Motor Control & Learning (3)	a 'C' or better in all of the following: BIOL 207, BIOL 208 corequisite: KIN 201
	KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) Area: Writing Intensive	GPE score of 11+ or portfolio course; open to Pre-KIN majors; corequisite: KIN 201

Complete ALL of the following lower division courses:

	BIOL 207: Human Physiology (4) Area: B2/B3	B4 and one GE A category
	BIOL 208: Human Anatomy (4)	a 'C' or better in one of the following: ART 372, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140 or DANC 261
	KIN 149A: Self Defense (1)	open to Pre-KIN majors
	KIN 237: Techniques & Analysis of Aquatic Skills (2)	This course requires you to pass a swimming proficiency exam in the first week of instruction.
	KIN 261: Techniques & Analysis of Fundamental Rhythms (2)	none; Fall Only
	KIN 270: Professional Practices in Public School Physical Education (3)	GE A2 course corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details
	KIN 250: Techniques of Basketball (1)	none; Spring Only
	KIN 251: Techniques of Flag Football (1)	none; Spring Only
	KIN 253: Techniques of Soccer (1)	none; Spring Only
	KIN 255: Techniques of Softball (1)	none; Fall Only
	KIN 257: Techniques of Volleyball (1)	none; Fall Only
	KIN 264: Techniques of Golf (1)	none; Fall Only
	KIN 265: Techniques of Gymnastics (1)	none; Spring Only
	KIN 266: Techniques of Badminton (1)	none; Spring Only
	KIN 267: Techniques of Tennis (1)	none; Spring Only
	KIN 268: Techniques of Track & Field (1)	none; Fall Only

Complete ALL of the following upper division courses:

	KIN 315: Motor Development (3)	BIOL 207; BIOL 208
	KIN 320: Adapted Physical Education (3)	BIOL 208
	KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)	KIN 270
	KIN 370: Movement Theory & Practice of Elementary Physical Education (3)	KIN 270
	KIN 380: Principles, Organization & Management of Secondary School Physical Education (3)	prerequisite: KIN 149A, 237, 250, 251, 253, 255, 257, 264, 265, 266, 267, 268, 270, 370 corequisite: KIN 300, 301, 312, 343 recommended corequisite: EDSS 300P
	KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)	KIN 270; senior standing

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Choose & complete ONE concentration