

BS in Kinesiology Option in Exercise Science
Major Requirements Worksheet
2023-2024 Catalog

Name: _____ Student ID: _____

All KIN courses are blocked to declared majors only (not pre-majors) unless otherwise specified in the prerequisites column

Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following core courses:

KIN 201: Introduction to Kinesiology (3)

open to KIN and Pre-KIN majors

KIN 300: Biomechanics of Human Movement (3) Area: UD B

BIOL 207: Human Physiology (4) Area: B2/B3

B4 and one GE A category

BIOL 208: Human Anatomy (4)

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